# Product Catalogue



Health & Wellness

a product of

# Aveda Ayur



# About us

Aveda Ayur established in the year 2019, with a true devotion to making the world aware of the beauty of ayurvedic herbs and their healing effects on our body. Our specialized team of ayurvedic doctors has done extensive research in searching out hidden formulations mentioned in ayurvedic texts like Charak Samhita, Sushrut Samhita, Ashtang Hridayam, and botanical texts like Bhav Prakash Nighantu to create awareness about the magic that ayurvedic herbs can do. Scientifically designed herbal formulations that pass through rigorous quality tests at all the stages from raw material selection to the final product formulation.

# Pur Vision

Aveda Ayur has a vision to establish itself as a global brand for dietary supplements, non-prescription well-being remedies and promoting general well-being. Aveda Ayur is focused to develop clinically validated premium products for its customers for their optimal health. Our range is free from heavy metals, toxins, harmful additives. We have certificates for authenticity & purity from competent authorities . Aveda Ayur formulations are manufactured at GMP and ISO certified facilities. Our products are 100% free from animal content and are non-genetically modified. Our products are free from parabens, glutens, colours & artificial flavours.

# Pur Mission

Being & healthy has become the number one priority in today's highly competitive milieu. Information and availability of original and genuine resources to maintain a healthy lifestyle is becoming obscure and camouflaged. Shoddy products containing artificial stimulants laden with pesticides, toxins and metals are being sold thus killing the already very fragile and vulnerable structure of human body.

Aveda Ayur is your one stop solution and antidote for all these ailments, to become your saviour and trustworthy name for all wellness related requirements. We source, process and preserve our ingredients to maintain the optimal strength and longer usage selectively. We emphasise on developing small batches of products so that we can maintain maximum purity and authenticity.

# **OUR CERTIFICATIONS**



Halal Certificate: The Halal certificate is a document that guarantees that products and services aimed at the Muslim population meet the requirements of Islamic law and therefore are suitable for consumption in both Muslim-majority countries and in Western countries where there is a significant population group who practice Islam.

Kosher Certification is the stamp of kosher approval by a rabbinic Agency verifying they have checked the product's ingredients, production facility, and actual production to ensure all ingredients, derivatives, tools, and machinery have no trace of non-kosher substances.





ISO 22000:2018 - ISO 22000 sets out the requirements for a food safety management system and can be certified to it. It maps out what an organization needs to do to demonstrate its ability to control food safety hazards in order to ensure that food is safe.

GMP - The acronym stands for Good Manufacturing Practices, and to be GMP certified means that the manufacturer has demonstrated a strong regulatory commitment and compliance to international GMP standards.





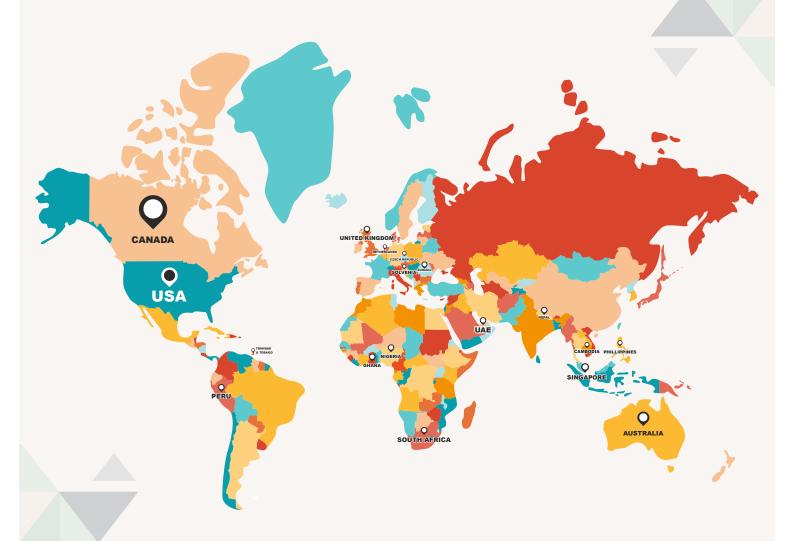
HACCP - Hazard analysis and critical control points, or HACCP is a systematic preventive approach to food safety from biological, chemical, physical hazards, and more recently radiological hazards in production processes that can cause the finished product to be unsafe and designs measures to reduce these risks to a safe level.

# **OUR GLOBAL REACH**

USA | CANADA | SINGAPORE

AUSTRALIA | UNITED KINGDOM

UAE | SOLVENIA | ROMANIA



CZECH REPUBLIC | NETHERLANDS(HOLLAND)

SOUTH AFRICA | NIGERIA | PERU

TRINIDAD & TOBAGO | GHANA

CAMBODIA | PHILIPPINES | NEPAL

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**CLASSICAL FORMULATIONS** 

# Immunity Boosters



Immune system consists of organs, cells, tissues, and proteins. Together, these carry out bodily processes that fight off pathogens, which are the viruses, bacteria, and foreign bodies that cause infection or disease. Immunity management system basics are: fighting bacteria, reducing inflammation and increasing antioxidant activity. To strengthen our immunity naturally is our best defence. We need to sweat out in gyms, staying hydrated, have adequate sleep, eat plant based foods, fermented foods and healthy fats and have to manage stress. Our extracts are premium and are made from natural resources compensating any inadequacy in the immune system.

We have developed special formulations to guard against viral infections like COVID-19,to strengthen lungs and Premium Curcumin 95% is a super booster to strengthen inherent overall defences.



# **Immunity Support**



#### Did you know..?

- Supports a healthy immune system
- Promotes healthy lungs and respiratory tract
- Promotes calmness and clarity of mind

# Premium Immunity Enhancer

This formulation has a very powerful herbs known in the world of ayurveda to enhance immune defence, support healthy lung, strengthens respiratory tract. All 7 herbs work synergistically to offer full body support for robust health and strong immune system.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Ashwagandha-150mg, Giloy-100mg,

Tulsi-50mg, Dalchini-50mg, Sounth-50mg

Amla-50mg, Haldi-50mg

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

# Preventive, Curative & Restorative



# Premium Aveda 64

As per Ayush guidelines this formula boosts & strengthens our immunity against seasonal viral infections like fever (malaria), cough & cold.

#### Did you know ..?

- Helps to improve respiratory function
- Effective in treating influenza, fever,
   malaria and viral infections

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Saptparna leaf Extract-100mg,

Kutki-100mg, Chirayata-100mg, Kuber raksha-200mg

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### **Immunity Support**



#### Did you know ..?

- Promotes anti-inflammatory response
- Peprine enhances absorption of curcumin into the body Promotes overall well-being Promotes and supports healthy joints

- Offers maximum results with minimum dosage
- Formulated with highest potency of curcumin

# Premium **Supreme Curcumin**

Our Supreme Curcumin contains Curcumin 95% and Peprine 95% (Black pepper) extract in combination to improve the absorption of this wonderful herb into our bodies. Turmeric provides one of nature's best kept secrets. Curcuminoids a group of antioxidants that have strong, natural anti-inflammatory benefits.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Turmeric Extract (95%) (Curcuma Longa) -390mg

Peprine Extract (95%) -10mg

Suggested Adult Use: 1-2 capsules twice daily,

with luke warm water after meals or as advised by the physician.

# **Immunity Support**



### Premium **Amlaki**

Amlaki is a potent rejuvenating herb that nourishes the digestive tract and gently removes toxins. Amlaki is a natural source of vitamin c which supports antiageing is abundant in antioxidants which helps to reduce the free radicals and boost immune response.

#### Did you know ..?

- Natural source of vitamin C
- Anti-ageing properties
- Mild laxatives and cooling agent for system
- Rich source of natural anti-oxidants
- Energizes immune system against disease and infections

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Amla

### **Immunity Support**



# Premium Giloy

Giloy is a powerhouse of anti-oxidants which strengthens the immune system. Giloy is a natural herb which detoxifies and rejuvenates the digestive system to fight against free radicals and boosts immune response to prevent illness.

#### Did you know ..?

- Encourage optimal immune function
- Supports normal antioxidant defence
- Promotes a healthy inflammatory response
- Helps maintain healthy cellular function & proliferation

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Giloy

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

### **Immunity Support**



#### Did you know ..?

- Improves bone and joint health
- Supports blood and liver detoxification
- Excellent anti-inflammatory activity
- Promotes radiant skin
- Improves metabolism
- Promotes stronger immunity and overall well-being

# Premium Curcumin 95%

Curcumin is the main active ingredients in turmeric. Turmeric supports important blood and liver functions, healthy joints, and healthy inflammations response. It helps over all wellbeing, radiant skin, and healthy digestion.

It purifies blood and antiseptic by nature which helps to heal wounds fast.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Turmeric Extract (Curcuminoids- 95%)

Suggested Adult Use: 1-2 capsules twice daily,

with luke warm water after meals or as advised by the physician.



# Premium Wheat Grass

Wheat grass is a power pack of essential proteins, vitamins and nutrients.

It boosts immunity and uplifts energy levels.

It naturally detoxifies & enhances the digestion process.

#### Did you know ..?

- Builds immunity
- Weight management
- Assists digestion
- Promotes natural detoxification

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Wheat Grass Powder with 25% protein

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

# **Immunity Drops**





- Modulates the Immune response
- Loaded with antioxidants along with phytonutrients, (scavanging free radicals from the body)
- No hazardous chemical involvment
- Keeps Resipratory track healthy & removes excess mucus
- Genuinely modulate immune, immuno-modulator
- Natural anti oxidant
- Antipyretic (for fever-reducing body temperature)
- Overhaul entire body functions
- Helps Treating cold, cough & viral infections

#### Ingredients: -

#### Each 10ml. contains Std. Ext. of

Each Tomi. Contains Std. Ext. of	
Ext. Emblica officinalis fruits (Amla)	200mg*
Ext. Myrobalan of ppz fruits & rhizomes (Trikatu)	150mg*
Ext. Cinnamomum cassia clack (Dalchini)	150mg*
Ext. Tinospora cordfolia stem (Giloy)	250mg*
Ext. Withania somnifera roots (Ashwagandha)	200mg*
Ext. Camellia sinesiss leaf (Green Tea)	200mg*
Ext. Myrtus caryophyllus buds (Clove)	250mg*
Ext. Ocimum sanctum leaf (Tulsi)	250mg*
Ext. Nigella sativa seeds (Kalonji)	300mg*

**Suggested Adult Use:** 4-5 drops twice a day after meal, with normal water, or as directed by the physician.



### **Immunity Drops**









Indications:

Antibacterial, Anti-microbial, Anti-septic, Anti-oxidant, Anti-biotic, Anti-cough, cold & fever. Best water purifier

#### **Ingredients:**

Each 15ml. contains Std. Ext. of

Ban Tulsi 300mg\* 150mg\* Sweet Tulsi 300mg\* Ram Tulsi Kali Tulsi 300mg\* Kapoori Tulsi 150mg\*

#### Suggested Adult Use:

1-2 drops in a glass of luke warm water or tea 4-5 times a day

### **OUR COMPLETE IMMUNITY BOOSTER RANGE**









SUPREME CURCUMIN



AMLAKI





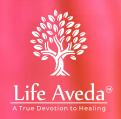












# Female Health

Women are the fulcrum around which the creation revolves, they are the stabilizers of the universe. If their health, safety & dignity is ensured, world is in good hands.

We, at Aveda Ayur, take this responsibility to keep women in our full focus & attention.

Our formulations weed out the root cause of vital issues concerning her health.

Our remedies extract the salubrious fluids which permeate from the pores of her skin and radiate her skin.

Women are upholders of beauty & grace, we promise to make it brighter & shiner.

Our combination of Indian & Western herbs handles her core concerns like Skin care, Reproductive health, menstrual pre & post periods, ortho & thyro, Depression & anxiety issues. We are grateful to women for giving us an opportunity to see this world, if she is not confident and cared for, we will be born incomplete!

We are your best friend, please join us!

### Female welleness



# Did you know..?

- Promotes functioning of the female reproductive system
- Maintain healthy balance of hormones
- Relieves menstrual cramps and boosts libido
- Maintains regular menstrual cycles

# Premium Female Vitality

Female vitality is a balancing and revitalising tonic for the female hormones and reproductive system. Ashoka, lodhra and kanchnar support healthy reproductive system, libido and maintain regular menses. Shatavari promotes healthy hormones.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Ashoka-100mg, Lodhra-100mg, Kachnar-100mg, Nagkesar-50mg, Shatavari-50mg, Triphala-50mg, Ashwagandha-50mg.

Suggested Adult Use: 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

### Female Wellness



# Premium Shatavari

Shatavari helps to regularise female hormones, manages menopausal symptoms, promotes libido, maintains a healthy heart, combats depression and aids in weight loss.

#### Did you know ..?

- Improves female reproductive health
- Helps to maintain healthy hormonal levels
- Helps to sail easily from menstrual to menopausal stages

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Shatavari (Asparagus Racemosus) RT

#### Female Wellness



#### Did you know..?

- Promotes healthy urine functions
- Helps to regulate menstrual cycles
- Helps in managing white discharge (leucorrhoea) effectively

# Premium Intimate Health

Intimate Health has a blend of herbs that can be useful for regulation of menstrual cycles, cramps, leucorrhoea and general weakness. It may also help to calm down anxiety and mood swings.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Ashok chhal-100mg, Lodhra-100mg, Babool-100mg, Amba haldi-60mg, Lajwanti-40mg, Rasaount-20mg, Tarwar-60mg, Kumari-20mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

# Healthy Thyroid



# Thyro-Cure

**Premium** 

Thyro-Cure is a unique blend of herbs which promotes normal functioning of thyroid gland. It helps to provide symptomatic relief from anxiety, mood swings, fatigue, depression and swelling.

#### Did you know ..?

- Helps to regulate the thyroid gland function
- Controls symptoms like fatigue, mood swings, depression
- Promotes natural elimination of toxins
- Helps to improve metabolism

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Shuddh guggal-100mg, Kachnar-100mg,

Sahejan chhal-100mg, Triphala-100mg, Trikatu-100mg.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Female Wellness



# Premium **BU-Enhance**

BU-ENHANCE is a 100% natural breast firming formula which helps to strengthen the ligament system across the breast area to encourage fuller and firmer, uplifted breasts.

#### Did you know ..?

- Promotes fuller and firmer breasts
- Prevents elasticity or sagging of breasts
- Aids to uplift loose breasts
- Completely natural and no side effects

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Vidari kand-150mg, Varahi kand-100mg, Shatavari-100mg, Fennel seeds-60mg, Fenugreek-60mg, Lodhra-30mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

# Female Wellness



#### Did you know..?

- Regularizes menstrual flow and cycles
- Helps to provide relief from stress and anxiety
- Promotes fertility and a smoother ovulation
- Aids hormonal imbalance
- Ensures overall vitality

# Premium Ova Cyst

OVA CYST is a unique blend of medicinal herbs like Ashoka, Gandhari, and Gular that promote a healthy menstrual flow, rejuvenates the ovaries and aids in fixing hormonal imbalance. These natural herbs help to regularize the menstrual flow, prevent, and dissolve formation of cyst.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Ashoka-100mg, Gandhari-100mg, Fenugreek-75mg, Gular-50mg, Trikatu-50mg, Varuna-50mg, Shiv Lingi-50mg, Ulatkambal-25mg.

# OUR COMPLETE FEMALE HEALTH SUPPORT RANGE





# Male Health

All demonstrative & dominating power of male is equally vulnerable. Better known as Achilles' heel is his" incessant desire to keep his libido high, inexhaustible sexual prowess, and wish to enjoy this blissful activity in perpetuity. This is very much essential for his self-image and his confidence while interacting with women. Healthy sexual self-esteem is must for his super success in life. Dexterity and performance determines his panache.

We have worked on the issues which commonly inhibit full satisfaction like performance pressure, inability to prolong ejaculation, erectile dysfunction, inability to produce testosterone after a age. Our well-crafted formulations using purely extracted Shilajeet, Ashwagandha, Maca root & Safed Musli along with western herbs rejuvenate your physical activity. Our products also benefit if you suffer from semen deficiency and low sperm count.



### Male Sexual wellness



#### Did you know ..?

- Boosts libido and sexual performance
- Improves strength, vigor and vitality
- Naturally improves male sexual performance

# Premium Cosmic Power

Cosmic power formula naturally improves male sexual performance, strengthen stamina and reproductive functions. Cosmic power is a unique herbal blend that helps to balance hormones and boost sexual vitality in a safe and natural way.

#### Ingredients: -

#### Each 500mg capsule contains Std. Ext. of

Ashwagandha-100mg, Jaiphal-60mg, Shatavari-60mg, Shilajeet-60mg, Kamalgatta-58mg, Kaunch Beej-40mg, Vidarikand-40mg, Gokshur-40mg, Salampanja-20mg, Swarn Bang-5mg, Yashad Bhasm-5mg, Loh Bhasm-5mg, Bang Bhasm-5mg, Kesar-2mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

### Male Sexual wellness



#### Did you know..?

- Natural booster to improve sexual performance
- Improves strength and reproductive functions
- Promotes healthy libido
- Supports healthy erectile function

# Premium Knock Out

Knock out has a rare combination of traditional and western blend of herbs which promote vitality, strength and proper functioning of the male reproductive system. These herbs have been tried and tested to supports healthy erectile function and virility, also enhances sexual performance.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Ginseng-100mg, Maca-100mg, Yohimbine-100mg Gokhru-100mg, Horny Goatweed -50mg

Kaunch Beej-50mg.

### Male & Female Wellness



#### Did you know..?

- Promotes energy and stamina
- Optimizes stress response with ashwagandha
- Anti –oxidant support with green tea and grape seed

# Premium Super You

Super You capsules are a power pack of multivitamins, minerals and antioxidants which promote optimal wellness. It also promotes energy and stamina with herbs such as kaunch beej, maca and safed musli.

Also, it enhances stress response with Ashwagandha which brings harmony to body and mind. In addition, green tea and grape seed offer antioxidant support that protects body from free radicals.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Ashwagandha-200mg, Turmeric-100mg,

Safed Musli-50mg, Maca-50mg, Grape Seed-50mg,

Kaunch Beej-25mg, Green Tea-25mg.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Prostate Care



# Premium Healthy Prostate

Healthy Prostate capsules support healthy prostate and normal male urogenital functions. It eases symptoms of enlarged prostate by maintaining healthy PSA level.

#### Did you know ..?

- Relieves dribbling after urination and burning micturition
- Improves urinary tract function and flow
- Restores male energy
- Anti –inflammatory properties

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Nagarmotha-100mg, Neem-100mg, Turmeric-100mg,

Rama tulsi-50mg, Punarnava-100mg, Gokshur-50mg.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Male Sexual Wellness



# Premium **Shilajit**

Shilajit has detoxification & rejuvenation properties which helps to improve stamina, endurance & vigor. Shilajit helps to maintain male hormones levels which improve sexual performance and boost libido.

#### Did you know ..?

- Helps to normalise reproductive system hormones in the body
- Improves testosterone level to improve sexual well-being
- Provides relief from fatigue and lethargy
- Promotes longevity and anti-ageing
- Good source of anti-oxidants to improve immunity and memory

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Shilajit (Asphaltum Punja-bianum Std Ext.)

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

### Boosts Stamina & Strength



# Premium Safed Musli

Safed Musli is a potent herb that offers strong aphrodisiac effects which helps in reducing stress and anxiety. It also helps to stimulate the hormones to increase libido and stamina.

#### Did you know ..?

- Beneficial for sex vigour and stamina
- Boosts immune functions
- Reduces stress
- Beneficial for hormones health

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Safed Musli (Chlorophtum Borivillianum) RT.TB



# Premium Saw Palmetto

Saw Palmetto supports healthy PSA level and restores male energy. This supplement improves prostate health, balances hormone level and prevents hair loss in men. It decreases inflammation and improves urinary functions.

#### Did you know ..?

- Improves urinary tract function and flow
- Reduces symptoms of enlarged prostate
- Supports PSA level
- Restores male energy
- Rich anti-oxidant supplement

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Saw Palmetto

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

# Stamina, Strength & Vigor



# Premium Macca Root

Maca Root can enhance fertility and sex drive, improves energy and stamina. It can uplift mood, reduce anxiety and lower blood pressure.

Maca can improve memory and learning.

#### Did you know..?

- Boosts fertility and sex drive
- Boosts mood and sense of well-being
- Antioxidant properties to fight free radicals
- Maintain healthy hormones levels

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Maca Root

# OUR COMPLETE MALE HEALTH SUPPORT RANGE







Stress is a modern day disease, purely uncalled for, but predominantly engulfing & effecting most of world populace at different stages of life. Basically stress is your inability to comprehend and handle the given situation. We have developed solutions to bridge this gap and strengthen our cognitive powers. Our knowledge of original extracts derived from ancient wisdom has great potency bringing overall balance in personality. Our formulations calm the agitated nerves and soothe your reactions.

Brain & Memory boosters are a must to absorb & retain plethora of information to combat the competition for survival. Our brains need super strength to combat and analyse data & situations. We have developed formulations which boost memory retention, increase brain power and build confidence.





# Brain & Memory Health



Did you know ..?

- Improves concentration, memory, alertness
- Promotes healthy nervous system
- Calms down stress, anxiety and mood swings
- Natural blood purifier which improves skin and hair health

### Premium **Brahmi**

Brahmi is a wonder herb which supports memory, intelligence and concentration of mind. Brahmi promotes healthy mind and nervous system which improves mental clarity and focus. A natural rejuvenator which helps to calm down anxiety, stress and mood swings.

Ingredients: -

Each 500mg capsule contains Std. Ext. of Brahmi (Bacopa)

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

# Brain & Memory Health



#### Did you know ..?

- Promotes calmness and eases stress
- Boosts brain functions, helps body to manage stress
- Helps to fight anxiety, depression and insomnia
- Strengthens memory and supports restful sleep
- Promotes general well being

# Premium **De-Stress**

It has a unique blend of herbs which promote resistance to stress and anxiety. It helps to calm emotional turbulence which helps mind to cope with stress and fatigue. These herbs work as a brain tonic which promotes general well-being and balances stress hormones.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Ashwagandha-150mg, Brahmi-100mg,

Jatamansi-100mg, Tagar-50mg, Chamomile-50mg,

Lemonbalm (HoneyBee)-50mg.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.



# Organs care

All the organs of our body work in unison and in complete synergy. They work in unity and behave in complete synchronization. Each organ draws energy from each other and step forward to support wherever there is deficiency and weakness. Our internal system is such a master creation that human brain cannot imagine replicating.

We have worked very tenderly to take care of such a precious support system. Our formulations cure each part in such a way that there are barely any ill effects and give strength to the system with our natural extracts.

We are different from others as we take care of the whole system. We have solutions for all vital organs like Heart, Kidney, Lungs etc. and offer the best solutions for diabetes, joint support & digestive care.



### Liver Detoxification



# Premium Liv Guard

Liv Guard promotes healthy digestion, metabolism and elimination. Protects liver cells and enzymes.

Regulates metabolism and bile juice secretion.

Provides aid for fatty liver, jaundice and hepatitis.

#### Did you know ..?

- Promotes detoxification and rejuvenation of liver
- Helps to restore liver from cirrhosis and anemia
- Provides aid to fatty liver

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Kutki-100mg, Kalmegh-100m, Triphala-50mg, Bhringraj-50mg, Kasni-50mg, Giloy-50mg, Punarnava-50mg, Makoi-50mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

# Liver Detoxification



# Kalmegh

Life Aveda's Kalmegh capsules are a versatile herbal formula that protects the liver, gall bladder, stomach, intestines, lungs and skin. It has hepatoprotective properties which act as a blessing for the liver and gall bladder. It is a natural cleanser which removes toxins like urea, uric acid, creatinine, high cholesterol from the blood.

#### Did you know ..?

- Supports healthy liver & kidney functioning
- Known for its anti-inflammatory properties
- Effective against cough and cold
- Improves digestion and is useful against intestinal worms

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Kalmegh

# Liver Detoxification



# Bhumi Amla

Life Aveda's Bhumi Amla capsules contain pure extracts of Phyllanthus niruri herb. It stimulates the digestive fire (Agni), helps to digest the toxins, acts as an appetizer. It also restores the functions of liver cells & increases the bile secretion. It regulates Vata and Pitta dosha.

#### Did you know..?

- Detoxifies liver and balances pitta dosha
- Reduces acidity and improves digestion
- Improves metabolism and lowers blood sugar
- Aids in skin-related issues

Ingredients: -

Each 500mg capsule contains Std. Ext. of

Bhumi Amla

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

# Liver Detoxification



# Kutki

Life Aveda's Kutki has hepatoprotective and antihepatotoxic properties which can regulate the production of bile and enhance the liver functions. It also pacifies aggravated Kapha and Pitta doshas from the body.

#### Did you know ..?

- Improves liver functions
- Increases bile production
- Helps with weight management
- Excellent for diabetics
- Helps in fatty liver disease

Ingredients: -

Each 500mg capsule contains Std. Ext. of Kutki

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.



## Punarnava

Life Aveda's Punarnava Capsules are an ayurvedic supplement that have diuretic properties and are known to support healthy kidney, lungs, cardiac functions. Since it has diuretic properties, it is known to reduce edema or accumulated toxins that are present in the form of fluid in the body. It balances Tridoshas (Vata, Pitta and Kapha).

#### Did you know ..?

- Promotes smooth kidney functioning
- Supports cardiac functions
- Helps in clearing Urinary tract infections
- Supports healthy weight management
- Helpful in cleansing the kidneys and liver

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Punarnava

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Renal Care



# Gokshur

Life Aveda's Gokshur naturally enhances male sexual performance without side-effects. Gokshur is known to balance tridosha. It helps to relieve premature ejaculation as well as low sperm count.

#### Did you know ..?

- Promotes healthy libido and vitality
- Promotes proper urine output to reduce water retention
- Supports genito-urinary health
- Strengthens bladder muscles

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Gokshur

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Renal Care



### Varuna

Life Aveda's Varuna capsules consists of Varuna which helps in balancing Vata dosha and reduces inflammation. It acts as an appetizer and aids the liver to function properly along with boosting the metabolism.

#### Did you know ..?

- Promotes smooth kidney functioning
- Supports cardiac functions
- Helps in clearing Urinary tract infections
- Supports healthy weight management
- Helpful in cleansing the kidneys and liver

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Varuna – Crataeva nurvala

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Renal Care



# Premium Kidney Restore

Kidney Restore's herbal formula is rich in antioxidants which provide total renal protection, detoxification and rejuvenation. The formula helps to lower UTI and other infections.

#### Did you know ..?

- Promotes healthy kidney functions
- Antioxidant rich formula helps to detox and restore
- Provide aids to UTI and other infections

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Punarnava-100mg, Gokhru-150mg, Varuna-100mg, Marshmallow Root-50mg, Pashanbhed-50mg, Palash-50mg.

### Preventive & Restorative



# Premium Secure Lungs

A unique formula that has anti-viral, antiinflammatory, and anti-bacterial properties which can help in treating cold, cough and is beneficial in bronchitis.

#### Did you know..?

- Helps in controlling cold, cough and bronchitis
- Keeps respiratory tract healthy & removes excess mucus
- Boost immunity

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Vasaka-100mg, Haldi-100mg, Tulsi-30mg, Mulethi-100mg, Ginger-50mg, Kakrasingi-60mg, Lungwort-60mg

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

### Respiratory Help



#### Did you know..?

- Helps in controlling cold, cough and bronchitis
- Keeps respiratory tract healthy and removes excess mucus
- Bolsters immunity to fight against respiratory ailments
- Pacifies Kapha dosha

### **RESPIRE SYRUP**

Respire Syrup has anti-viral, anti-inflammatory and anti-bacterial properties. Respire Syrup comprises a potent blend of herbs that may strengthen the respiratory system.

#### Ingredients: -

#### Each 200ml bottle contains Std. Ext. of

Vasaka-300mg, Pushkarmool-200mg, Tulsi-250mg Saunth-100mg, Kali Mirch-100mg, Pippali-100mg Bahera-100mg, Mulethi-50mg, Banaksha-50mg, Vacha-50mg, Punarnava-50mg, Jufa-25mg, Lavang-20mg, Pudina Satwa-10mg

**Suggested Adult Use:** 2-3 teaspoonful 3 or 4 times a day or as advised by the physician.



### **Controls Allergic Reactions**



# **ALLER GI**

Allergy GI can be beneficial in treating allergic reactions of the skin and respiratory system. These capsules are beneficial in the purification of blood, reducing inflammation, and increasing the efficiency of the immune system.

#### Did you know ..?

- Aids in reducing mild symptoms of Asthma
- Decreases congestion
- Provides relief from early morning sneezing problems
- Reduces skin redness
- Excretes toxic substances from the body

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Neem-150mg, Haridra-125mg, Shirish-125mg,

Ashwagandha-100mg

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### **Heart Care**



# Premium Healthy Beats

Healthy beats is a powerful combination of herbs that support cardiac functions. These herbs can nourish the blood, strengthen the heart muscles and improve circulation. These herbs are abundant in anti-oxidants that protect the heart from free radicals damage related to everyday stress.

#### Did you know ..?

- Abundant in antioxidants
- Improves cardiac function
- Reduces risk of heart disease
- Helps to lower blood pressure levels
- Protects heart from free radical damage

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Arjuna-100mg, Brahmi-100mg, Ashwagandha-100mg, Shankhpushpi-100mg, Grape seed- 50mg, Garlic-50mg.

#### Heart Care



# Arjuna

Life Aveda's Arjuna Capsules are an ayurvedic supplement which improve heart health. They balances Vata, Pitta, Kapha (Tridosha) and maintain a healthy blood circulation. It also balances the body's psychic energies (Satva, Rajas and Tamas)

#### Did you know..?

- Supports healthy weight management
- Helps in strengthening the digestive system
- Promotes faster healing of wounds
- Supports healthy heart functioning

Ingredients: -

Each 500mg capsule contains Std. Ext. of

Arjuna

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### **Heart Care**



# Premium Ashwagandha

Ashwagandha is a root extract supplement for rejuvenation. Ashwagandha is a natural herb treatment for low energy, general exhaustion and low immunity that causes infection, cold & flu. Ashwagandha reduces mental, physical & emotional stress.

#### Did you know ..?

- Promotes optimal immunity
- Enhances mood and mind health
- Promotes physical and mental health
- Helps improves muscle mass, strength and endurance

#### Ingredients: -

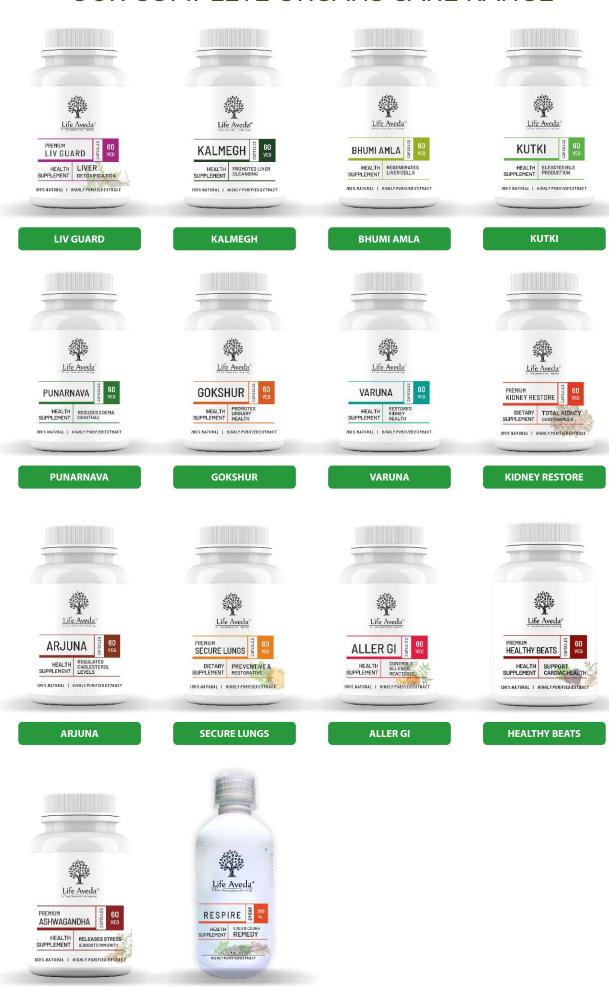
Each 500mg capsule contains Std. Ext. of

Ashwagandha (Withania somnifera)

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### **OUR COMPLETE ORGANS CARE RANGE**



**ASHWAGANDHA** 

RESPIRE

# Diabetes Care



Only disease that is uniting the whole world from caste to creed, from religion to regions, from gender to generations is DIABETES, it is engulfing the population like serpentine leaving little chance to escape. It is not that cure is not available, but few imposters in the industry have wrapped the solutions in mysterious camouflage and looting the gullible public.

We, at Aveda Ayur, are determined to attack this scourge of DIABETES in the bud and stop it from spreading. Our solutions innervate our body and help regain our muscles necessary strength. One of our extract prevents the incipience of diabetes.

Let us make this silent "silent killer" ineffective collectively. We will enable you to satiate your taste buds and give you freedom from thr psychological barrier.



### Diabatic Health



# **Advanced Dia-Revival**

Advanced Dia-Revival can maintain healthy blood sugar levels and improves insulin response. This herbal supplement helps to normalise blood sugar levels. These herba have been used traditionally for centuries in India to support blood sugar metabolism and healthy digestion.

#### Did you know ..?

- Healthy insulin response
- Supports healthy metabolism
- Helps to normalize blood sugar levels
- Promotes healthy stamina and strength

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Gurmar-100mg, Haridra-100mg, Cinnamon-100mg,

Methika-100mg, Jambul-50mg, Karvellak-50mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

### Diabetes & Skin Care



# Premium Neem

Neem can purify blood to prevent skin problems, prevent damage caused by free radicals, remove toxins and regulate blood sugar levels.

It also helps to keep teeth and gums healthy.

Boosts immunity and supports blood purification.

#### Did you know ..?

- Keeps skin healthy and glowing
- Enhances digestion and immunity
- Fights acidity and constipation

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Neem (Azadirachta Indica) fruit/bark ext.

# Weight Management & Digestive Support



Maintaining a healthy body weight is not less than a blessing in this modern era as it plays a key role in enhancing body appearance, staying healthy and achieving longevity. But a large portion of the population is still facing weight-related issues like being underweight or weighing more than the normal body weight. Body's excess weight is like an invitation to numerous cardiovascular, muscular and many other disorders which can put your life at risk.

Over 10 million people lose their lives every year due to obesity. Similarly, less than normal body weight could be proven as lifethreatening as well. The people who are underweight have to face malnutrition, lack of body energy, unhealthy bones, fertility problems, decreased immune power and many other health related ailments. In deciding the body weight, digestion has a huge impact. Incomplete digestion of food fluctuate the body weight and takes it to an abnormal state. So, to achieve a healthy body weight, a good digestion is mandatory.

In order to assist you to keep your body weight in a healthy state, Life Aveda formulated some herbal remedies with the best quality herbal extracts which will improve your digestion and provide a normal weight in a completely natural way.

### Digestive Health



#### Did you know..?

- Wards off digestive issues
- Boosts immunity
- Reduces cholesterol
- Anti-inflammatory
- Improves eyesight

## **Triphala**

Triphala translates to three fruits and it is made from a combination of Amla, Harar and Bahera. Life Aveda's Premium Triphala Capsules are known to contain powerful anti-inflammatory activities. It has the properties to support all three doshas and is a tridoshic rasayana.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Amla extract - Phyllanthus emblica Haritaki extract - Terminalia bellirica Bibhitaki extract- Terminalia chebula

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Weight Management



#### Did you know ..?

- Controls appetite and promotes weight loss
- Improves digestion and boosts immunity
- Prevents deposition of fat
- Improves metabolism
- Increases the feel good hormones like serotonin

## Premium Garcinia

Garcinia capsules contain HCA (Hydroxycitric acid). It naturally promotes a healthy metabolism that reduces the appetite and cravings. Garcinia helps in decreasing fat synthesis and reducing appetite by increasing satiety. Garcinia is a rich antioxidant component which gives protection from stress and fatigue.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Garcinia Extract (Garcinia Cambogia) (HCA 60%)

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

#### Natural Laxative



## **Herbal Lax Lite Plus**

Herbal Lax Lite Plus is a blend of 7 herbs which helps the body in food digestion, constipation relief and have regular bowel movements. It helps in reducing acidity, stomach ache and heaviness in abdomen.

#### Did you know..?

- Promotes digestion
- Promotes effective cleaning of intestine
- Expel gases and reduce flatulence
- Softens and increase the bulk of stool

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Senna leaves-125mg, Bael fruit-100mg, Haritaki-100mg Saunf-50mg, Liquorice-50mg, Saunth-50mg, Nishoh-25mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

## Digestive Care



#### Did you know ..?

- Relives respiratory diseases
- Boosts immunity
- Improves liver functions
- Promotes weight loss & detoxification

## Trikatu

Life Aveda's Trikatu capsules are made from three extremely important spices which make it very effective in all sorts of Kapha aggravating disorders. It is known to restore liver functions and help in reviving the liver enzymes. It has very potent anti-inflammatory properties that alleviate symptoms of swelling, stiffness, joint pain.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Black pepper extract – Piper nigrum,

Long pepper extract – Piper longum,

Ginger extract – Zingiber officinalis

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

## Digestive Care



#### Did you know ..?

- Pacifies bleeding disorders
- Strengthens bones
- Balances body heat
- Reduces acidity
- Fatigue and lethargy

### Pitta Shamak

Life Aveda's Pitta Shamak capsules work wonderfully in balancing Pitta dosha. It contains a combination of cooling compounds that pacify Pitta at a rapid pace. Pitta Shamak capsules are rich in natural calcium which helps in strengthening bone marrow density, promotes well-being in women during menopause.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Praval pishti – Coral Calcium, Akik Pishti – Agate Calcium, Jahar Mohra Pishti – Calcium compound, Mukta Pishti – Pearl calcium, Giloy satva – Tinospora cordifolia

**Suggested Adult Use:** 1-2 Capsules twice daily, with normal water after meals or as advised by the physician.

### Diabetes & Skin Care



#### Did you know ..?

- Keeps the digestive track clean and healthy
- Natural laxatives.
- Maintains healthy blood sugar levels.
- Rich in vitamin-C

## Premium Haritaki

Haritaki promotes healthy digestion which enhances body to absorb more nutrients. It has laxative properties which help to prevent constipation and keeps the digestive system clean. Haritaki has powerful anti-inflammatory and anti-oxidant properties. Haritaki helps to prevent diabetes, aids memory retention and focus.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of Haritaki (Terminalia Chebula) fruit ext.

**Suggested Adult Use:** 1-2 Capsules twice daily, with normal water after meals or as advised by the physician.

### Gastro Intestinal Health



#### Did you know ..?

- Promotes healthy bowel movements
- Provides aid to stomach ulcers
- Cooling and astringent in nature

## Premium Gastro-G

GASTRO G is a perfect herbal blend which promotes healthy bowel movements. It boosts the immune system and promotes a healthy weight management. It pacifies the pitta dosha by balancing the heat in the body. Marigold with its anti bacterial properties helps to boost the immunity of the gastrointestinal tract also reduces the pain and inflammation of the same.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Nagkesar-100mg, Mochrus-100mg,

Marigold-100mg, Anar-100mg, Lodhra-100mg.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Colon Care



## Premium Pile-OP

PILE OP is a unique blend of six powerful herbs which helps to relieve pain, itching and a pricking sensation in anus due to piles. It has powerful anti-inflammatory herbs which helps to reduce intestinal and colon inflammation.

#### Did you know ..?

- Helps to relieve pain from piles
- Helps in constipation and indigestion
- Analgesic properties help to reduce burning sensation

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Haridra-100mg, Triphala-100mg, Khus-100mg, Jimikand-50mg, Nagkesar-100mg, Bakayan Beej-50mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.



## Premium G More

G MORE is a blend of five traditional Ayurvedic herbs which are ideal for dealing with indigestion, loss of appetite, bloating, acidity or other digestive disorders etc. These herbs stimulate the "digestive fire" which promote a better absorption of nutrients leading to natural weight gain.

#### Did you know ..?

- Promotes a healthy metabolism, digestion and appetite
- All natural herbs promote healthy weight gain
- Maintains vigour and vitality for overall well-being

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Ashwagandha-150mg, Vidari kand-100mg, Triphala-100mg, Mucuna (kapikachu)-50mg, Shatavari-100mg.

**Suggested Adult Use:** 1-2 Capsules twice daily, with normal water after meals or as advised by the physician.

### Weight Loss



#### Did you know..?

- Controls appetite and promotes weight loss
- Natural appetite suppressant
- Naturally helps to reduce weight
- Prevents deposition of fat
- Helps to reduce excess body fat

## Premium Burn S

BURN S is a blend of herbs which work as a natural appetite suppressant. It stimulates the metabolism of fat cells which helps to reduce excess body fat. Each ingredient of BURN S works as a natural appetite suppressant – reduces hunger. Vikramshila promotes the release of serotonin, which reduces hunger cravings with satiety.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Vrikshamla-200mg, Green coffee-100mg, Green tea-100mg, Jeera-50mg, Shunthi-40mg, Kali Mirch-10mg.

**Suggested Adult Use:** 1-2 Capsules twice daily, with normal water after meals or as advised by the physician.

### Acidic Stomach Care



## **ACID-O-FLUX SYRUP**

Acid-O Flux contains a blend of validated researched herbs which may help in all indigestion issues like acidity, gas, heartburn, stomach discomfort, constipation or diarrhea and decreased appetite.

#### Did you know ..?

- Gastric tonic for all kind of digestive ailments
- Reduces flatulence, bloating & abdominal distension
- Promotes better absorption
- Improves intestinal movement and provides relief in constipation

#### Ingredients: -

#### Each 200ml bottle contains Std. Ext. of

Saunf-200mg, Mulethi-200mg, Amla-200mg Giloy-100mg, Harar-200mg, Bahera-200mg Bilwa-200mg, Nishoth-100mg, Sajjikshar-25mg Punarnava-100mg, Zira safed-100mg

**Suggested Adult Use:** 2-3 teaspoonful 3 or 4 times a day or as advised by the physician.

## OUR COMPLETE DIABETES & WEIGHT MANAGEMENT SUPPORT RANGE



TRIKATU



















HARITAK









**BURN S** 





## Joint & Bone Care

Being able to walk pain free is a blessing and is possible only with healthy, strong & lubricated joints. Joints are like glue.

They hold our bones together and support movement and flexibility within the frame of our skeletons. Healthy cartilage helps your movement by allowing bones to glide over one another.

We have worked on formulas to strengthen this slippery tissue along with supplements to reinforce our joints thus pre-empting the onset of issues like Osteoarthritis, Rheumatoid arthritis & Gout.

It is important to beat inflammation wherever possible—inflammation is the primary source of cartilage breakdown and we are providing Supreme Curcumin to rebuild.

### Joint Care



#### Did you know..?

- Protects and lubricates the joints and tissues
- Reduces joint inflammation and swelling
- Reduces stiffness and spasm
- Supports joint reparation

## Premium Ortho Aid

Ortho-aid supports joint health so you can enjoy your active lifestyle. These traditional herbs protect, lubricate joints and tissues. Our formula relieves aches and stiff muscles. It also enhances grip and hold capacity of weak hands.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Flax Seed -100mg, Shallaki-100mg, Guggal-100mg, Rasna-50mg, Saunth-50mg, Suranjan Mithi-50mg,

Khuraseni Ajwain-50mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

## Bone Care & Healthy Joints



#### Did you know ..?

- Relieves morning stiffness and swellings
- Improves joint flexibility
- Promotes healthy cholesterol levels

## Premium **Boswellia**

Boswellia supports a healthy response to occasional pain and inflammation. Promotes circulation to the joints and improves flexibility. Helps to reduce morning stiffness and swellings. Aids to promote healthy cholesterol levels and supports liver functions.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Boswellia (Boswellia Serrata) Gum resin

**Suggested Adult Use:** 1-2 capsules twice daily, with plain water after normal or as advised by the physician.

### Joint Wellness & Skin Care



Did you know ..?

- Excellent source of nutrients and vitamins
- Enhances energy and stamina
- Promotes overall well-being
- Nourishes body tissue, especially bone and joints

## Premium Moringa

Moinga is rich in calcium, strengthen bones, improves blood circulation to joints and treats joint aches and pains. Moringa is rich in anti-oxidant which alleviates gout inflammation of the joints by inhibiting the key enzymes that is involved in excessive uric acid production. Due to its high nutritional content moringa nourishes body tissue, especially bone and joints.

Ingredients: -

Each 500mg capsule contains Std. Ext. of Moringa

**Suggested Adult Use:** 1-2 Capsules twice daily, with normal water after meals or as advised by the physician.

### **OUR COMPLETE JOINT & BONE CARE RANGE**









BOSWELLIA

MORINGA

BOSWELLIA CURCUMIN



## Hair & Skin Care

It is wonderful to feel warmth of inner beauty on the skin. Think how lucky you are that the skin you live in, so beautifully holds the "You" who's within." Care for that which personifies now, speaks about you. One should be confident & proud of what you have inherent naturally. None of us are responsible for the complexion of the skin but to keep it softer, tender and glowing is our contribution. If we take good care of skin, we may not need make up.

Invest in your hair it is the crown you never take off. As they say you are never fully dressed without great hair. One thing that unites our thoughts is that everyone wants great hair. To achieve this, we need equally great care and guaranteed products.





#### Did you know ..?

- Rejuvenates and restores the skin
- Promotes healthy skin and glow
- Improves skin texture and imperfections
- Promotes skin barrier against skin infections & allergies

## Premium **Skin Vitals**

Skin vitals has seven very powerful Ayurvedic blend of herbs which helps to promote rejuvenation and restoring of skin. Skin vitals herbs have proven properties to cleanse and rejuvenate the body from toxins and impurities.

These herbs help to treat skin infections, skin irritation and allergies.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Neem-100mg, Haldi-100mg, Manjistha-100mg,

Red Sandalwood-50mg, Tulsi-50mg,

Rosemarry-50mg, Giloy-50mg.

**Suggested Adult Use:** 1-2 capsules twice daily, with normal water after meals or as advised by the physician.

### Hair Care



#### Did you know ..?

- Promotes healthy and lustrous hair
- Natural source of hair nutrients and antioxidant
- Promotes blood purification
- Promotes absorption of nutrients from food

## Premium Hair Vitals

Hair vitals capsules consist of very traditional Ayurveda herbs which promotes condition in the body that leads to a thick and lustrous hair. The combinaton of hibiscus and rosemary, makes it a rejuvenating and restoring tonic for hair. These herbs are rich antioxidants that deeply cleanse and nourish hair follicles.

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Bhringraj-200mg, Hibiscus Flower-100mg,

Amlaki-100mg, Rose Marry-50mg, Thyme-50mg.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Boosts Immunity & Skin Wellness



## Premium Aloe Vera

Aloe vera is a rich source of amino acids, vitamins, minerals and enzymes. It has a healthy variety of enzymes which promotes healthy growth of bacteria in the intestine and has mild laxative effects that prevents constipation.

#### Did you know ..?

- Builds general immunity, aids digestion & improves liver function
- Helps to remove fat and toxins from body
- Controls levels of cholesterol
- Delays effects of ageing

#### Ingredients: -

 $Each\ 500mg\ capsule\ contains\ Std.\ Ext.\ of$ 

Aloe Vera (Aloe Barbadensis Miller) leaf ext.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.

### Skin Wellness



# Premium Manjistha

Manjistha is a natural blood purifying herb which can treat skin allergies and infections. Its a natural muscle relaxant to relieve pain, swelling and heal bruises. It helps to reduce stress, anxiety and depression.

#### Did you know ..?

- Natural blood purifier
- Antioxidant rich
- Natural muscle relaxant
- Boosts mood

#### Ingredients: -

Each 500mg capsule contains Std. Ext. of

Manjistha (Rubia cordifolia) whole plant ext.

Suggested Adult Use: 1-2 capsules twice daily,

with normal water after meals or as advised by the physician.



# CLASSICAL FORMULATIONS





#### Did you know..?

- Helps relieves Intestinal worms & digestion
- Helps in dysentry
- Helps in darrhea
- Helps relieves cough & fever

## Agnitundi Vati

Agnitundi Vati or Agnitundi ras is a classical Ayurvedic formulation with digestive stimulant action. It is used in indigestion and fever. It stimulates the flow of digestive juices along with improving bowel movements and gives relief in constipation. Helps balance Pitta, Vata and Kapha.

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Suta, Vatsanabha, Gandhaka, Ajamoda, Haritaki Vibhitaki, Amalaki, Svarjikshara, Yava kshara, Vahni, Saindhava lavana, Jeeraka, Sauvarchala lavana, Vidanga, Samudra lavana, Tankana bhasma, Vishamushti

**Suggested Dosage:** Take 1-2 tablet (s) once or twice daily with lukewarm water or as directed by the Ayurvedic doctor.



#### Did you know ..?

- Alleviates pain
- Eliminates constipation
- Removes deep seated toxins
- Regulates healthy cholesterol levels

## Triphala Guggul

Triphala Guggul aids in healing vata related pains, paralysis, sciatica, hemorrhoids, fistula and vata in bone marrow & joints. Triphala balances all three doshas but it has a special significance in balancing Kapha and Pitta dosha and Guggulu balances Vata and Kapha.

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Shuddha Guggulu, Triphala, Pippali Churna



#### Did you know ..?

- Insomnia (Sleeplessness)
- Hypertension (High blood pressure)
- Tachycardia
- Albuminuria

## Sarpagandha Vati

Sarpagandha Vati is an ayurvedic herbal medicine in a tablet form. It is used as an anti-hypertensive and anti-psychotic medicine. This medicine should only be taken under strict medical supervision as it acts as a sedative. It balances Vata and Pitta in the body.

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Rauwalfia serpentine (Sarpagandha),

Trachyspermum ammi (Khurasani yavani)

Nardostachys jatamansi (Jatamansi), Cannabis sativa (Bhanga)

**Suggested Dosage:** Take 1-2 tablet (s) once or twice daily with lukewarm water or as directed by the Ayurvedic doctor.



#### Did you know ..?

- Helps in Anemia & Gout
- Treats Urinary disorders
- Helps in edema/water retention
- Detoxifies the body

## Punarnava Mandur

Punarnava Mandur is useful in the treatment of anemia, dermatitis, splenomegaly, inflammatory conditions, malabsorption syndrome, hemorrhoids, chronic fever, infective skin diseases, and helminthiasis. It balances Vata as well as Kapha dosha.

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Punarnava, Nishoth (Trivit), Saunth, Kali Mirch (Black Pepper),
Pippali, Vaividang, Devdaru, Chitrak Root, Kushta Haldi, Haritaki,
Bhibhitaki, Amla, Danti Roots, Chavya, Indrayava, Kutki, Piplamool,
Mustak, Kakrasingi, Kala Jeera, Ajwain, Kayaphal, Mandur Bhasma,
Cow's Urine



#### Did you know..?

- Supports healthy menstruation
- Promotes healthy digestive system
- Balances blood sugar level
- Aids in managing gastritis and diarrhoea

## Kamdudha Ras

Kamdudha Ras, a classical herbo-mineral Ayurveda medicine which can be useful to treat digestive problems, burning sensation, vertigo, nausea & chronic fever. Ayurvedic principles state that Kamdudha Ras is a Sheeta Virya (Cool Potency) formulation, which makes it useful in all Pitta rogas.

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Mukta Pishti, Praval Pishti, Shukti Pishti Kapardak (Varatika) Bhasma, Shankh Bhasma Shuddha Sonageru (Purified Hematite), Giloy Satva

**Suggested Dosage:** Take 1-2 tablet (s) once or twice daily with lukewarm water or as directed by the Ayurvedic doctor.



#### Did you know ..?

- Helps in controlling goitre
- Known to heal skin diseases
- Useful in tumours and additional growth
- Aids in healing fistulas

## Kanchnaar Guggul

Kachnaar Guggul is helpful in treating multiple skin conditions and thyroid problems. It can also be used to treat extra growth and tumors. It also reduces inflammation and treats bacterial infections.

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Kanchnar Chhal (Bauhinia variegate), Triphla, Trikatu Varun Chhal (Crataeva religiosa), Elaichi Chhoti (Elettaria cardamomum) Dalchini (Cinnamomum verum), Tejpatra(Cinnamomum tamala) Guggul (Commiphora mukul)



## Mahashankh Vati

Mahashankh Vati is an Ayurvedic remedy that contains a combination of herbs and minerals which can balance Vata and Pitta dosha. It has carminative, stomachic and digestive properties. It has healing properties for various ailments.

#### Did you know..?

- Increases appetite & digestion
- Improves liver functions
- Useful to treat bleeding problems, pain, piles/haemorrhoids
- Eliminates gas, bloating & other abdominal problems

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Chitrak, Pippali, Ginger, Trikatu, Shankh Bhasma, Lemon, Aconite

**Suggested Dosage:** Take 1-2 tablet (s) once or twice daily with lukewarm water or as directed by the Ayurvedic doctor.



## Kutajghan Vati

Kutajghan Vati helps in managing diarrhoea, dysentery, stomach ulcers, irritable bowel syndrome, other intestinal infections. It eliminates organisms like virus, bacteria from the system and soothes the digestive system.

#### Did you know ..?

- It has diarrheal and antidysentric properties
- Helps managing diarrhea with fever
- Relieves irritable bowel syndrome (IBS)
- Relieves abdominal pain or cramps due to diarrhea

#### Ingredients: -

Each 500mg tablet contains Std. Ext. of

Kutaj-Holarrhena antidysentrica Ativisha -Aconitum heterophyllum



#### Did you know ..?

- Useful in eliminating skin disorders
- Helpful in digestive disorders like IBS, gastritis etc.
- Purifies blood
- Headache & Neurological disorders

## Gandhak Rasayan

Gandhak Rasayana is a potent herbo-mineral formulation that has a mineral base of purified or detoxified sulphur. It balances Vata, Pitta and Kapha. It has antibacterial effects to treat various skin disorders.

#### Ingredients: -

#### Each 500mg tablet contains Std. Ext. of

Kanchnar Chhal (Bauhinia variegate), Triphla, Trikatu Varun Chhal (Crataeva religiosa), Elaichi Chhoti (Elettaria cardamomum) Dalchini (Cinnamomum verum), Tejpatra(Cinnamomum tamala) Guggul (Commiphora mukul)

**Suggested Dosage:** Take 1-2 tablet (s) once or twice daily with lukewarm water or as directed by the Ayurvedic doctor.



#### Did you know ..?

Helps in treating following diseases like: General weakness, Urinary tract infections, indigestion, lower back pain, Anti-ageing, cough & cold, eczema

## Chandraprabha Vati

Chandraprabha vati, an Ayurvedic preparation where Chandra is referred to the moon and Prabha as glow. Chandraprabha Vati may be helpful in managing different urinary problems by preventing the formation of toxins by increasing the urine output.

#### Ingredients: -

#### Each 500mg tablet contains Std. Ext. of

Vai vidang, Chitrak bark, Devdaru, Kapoor, Nagarmotha, Pippai, Kali Mirch, Yavkshar, Daru Haldi, Vach Piplamool Dhania, Chavya, Gajpipal, Saunth, Sendha namak, Nishoth, Dantimool, Tejpatra, Chhoti Elaichi



## Arogya vardhini Vati

Aarogyavardhini Vati, refers to an Ayurvedic formulation that aids in overall well-being. It balances all three doshas: vata, pitta and kapha.

#### Did you know ..?

- Helps to keep liver healthy by removing toxins
- Helps to manage high cholesterol and hypertension
- Improves digestion and metabolism
- Acts as a detoxifier which can improves immune health

#### Ingredients: -

#### Each 500mg tablet contains Std. Ext. of

Shudha Mercury, Shudha Gandhak, Loh Bhasma, Abhrak Bhasma, Tamra Bhasma, Shudha Shilajeet, Shudha Guggul, Chitrak Mool, Kutki, Neem Patra Ras, Harad, Baheda, Amla

Suggested Dosage: Take 1-2 tablet (s) once or twice daily with lukewarm water or as directed by the Ayurvedic doctor.

## **OUR CLASSICAL FORMULATIONS**







PUNARNAVA MANDUR



MAHASHANKH VATI



KUTAJGHAN VATI



KAMDUDHA RAS



TRIPHALA GUGGUL



Life Aveda









KANCHNAAR GUGGUL

GANDHAK RASAYAN

CHANDRAPRABHA VATI

AAROGYA VARDHINI VATI

AGNITUNDI VATI



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